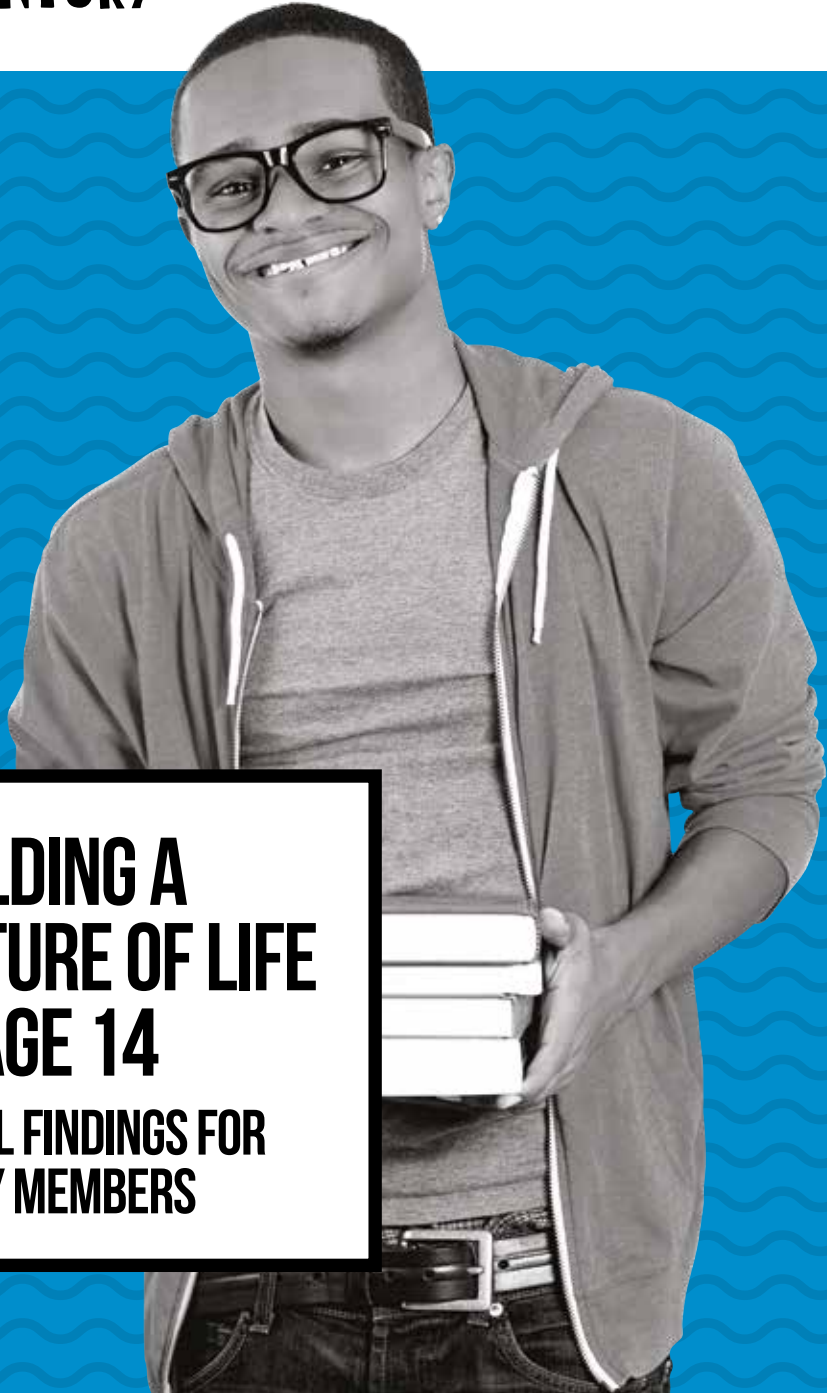


**CHILD OF THE  
NEW CENTURY** 



**BUILDING A  
PICTURE OF LIFE  
AT AGE 14**

**INITIAL FINDINGS FOR  
STUDY MEMBERS**

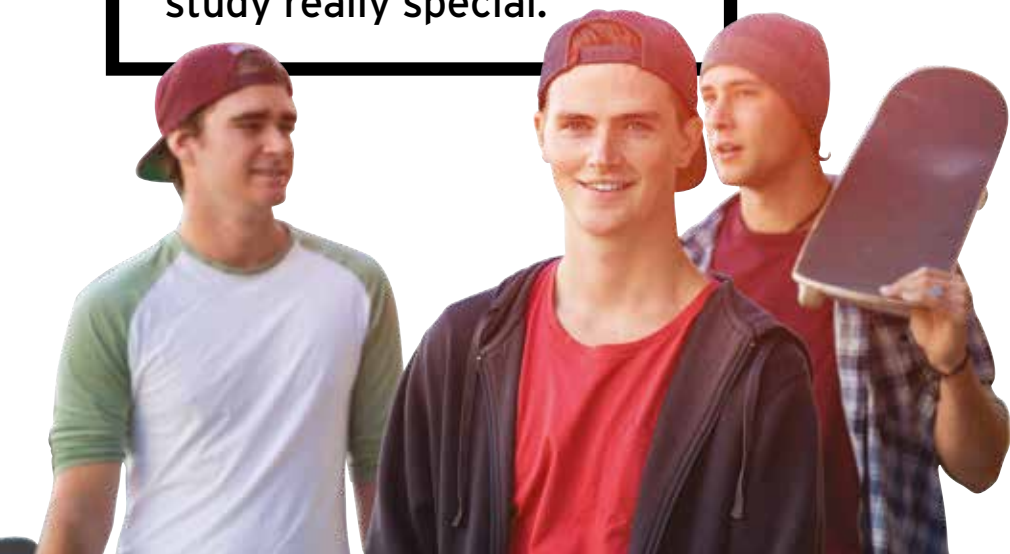
# WHAT WE FOUND AT THE AGE 14 SURVEY

Child of the New Century has followed you for nearly 17 years now. The last time we visited was when you were 14.

Over 11,700 families took part. **We want to say a huge thank you to all of you - you are the key to the success of this study!**

Since we visited you, we've put together all of the anonymised information we collected from you, so researchers can look at what your lives were like when you were 14. This leaflet has just a snapshot of what you had to say.

Being able to see how you develop and change over time makes this study really special.



# LOOKING TO THE FUTURE

Research from Child of the New Century discovered that there is a big gender divide in the types of jobs and wages that boys and girls aspire to.

## WHAT WE ASKED YOU

When we last visited you, we asked you what jobs you'd like to have when you get older.

## WHAT WE FOUND

The results showed that teenage girls and boys wanted to do different jobs and were most interested in careers that are dominated by their own gender. Teenage girls wanted to work in typically female occupations (like teaching and nursing), while boys wanted to work in male dominated occupations (such as engineering and software development).

Researchers looked into what your predicted future wage was based on these dream careers. They found that girls aspired to lower paying jobs: the average hourly wage for the occupations girls aspired to was 28% lower than that of boys.

**Around 1 in 3 teenagers had aspirations for a professional or managerial occupation.**



# GOING TO UNIVERSITY?

Now that you are turning seventeen, many of you will be thinking about your future plans and whether or not you want to apply to go to university.

The most recent figures from the University and Colleges Admissions Service (UCAS) show that 42% of 18-year-old school leavers get a place at university

Findings from the Child of the New Century Age 14 Survey have helped us understand your generation's expectations of attending university.

## WHAT WE ASKED YOU

When we last saw your family in 2015, we talked to you about what you wanted to do in the future. We asked you, on a scale of 0-100, how likely it was that you would go to university.



## WHAT WE FOUND

We found that for your generation, expectations of going to university were much higher than the UCAS figures. The majority of you thought you had a 60% or higher chance of studying at a university.

A significant proportion of you believed your chances were 50:50 while only a few of you thought your chances of going were less than 40%.

Overall, girls seemed more confident about their prospects of going to university.

On average, they believed they had a 70% chance of entering higher education. Just over 14% of girls said they were 100% sure they'd go.

In comparison, boys were less certain of their chances of attending university - their average expectation was slightly lower at 63%, and around 10% were 100% sure they'd study at university.

## THE FUTURE

We can't wait to find out what you are up to when we come to visit for the Age 17 Survey.



# YOUR GENERATION ARE GETTING HEALTHIER

Childhood obesity is a major concern in our society. The Government has proposed an action plan to tackle this by introducing several changes, including a soft drinks tax and making school food healthier.

Findings from Child of the New Century have shown that between the ages of 11 and 14 obesity rates have stopped rising. More of you entered your teenage years having reached a healthy weight than those of you who became overweight or obese between the ages of 11 and 14.



## WHAT WE ASKED YOU

We've been measuring your height and weight since you were 3. We have also asked you, and your parents, questions about your family and background.

## WHAT WE FOUND

When you were 7, 25% of you were overweight or obese, but by age 11, this had increased to around 35%. At age 14, levels of overweight and obesity remained similar with just over 6 in 10 young people having a healthy weight.

While rates of excess weight remain high for your generation, it is positive that more of you had become a healthy weight by the time you were 14 than the other way around.

A quarter of boys who had been overweight or obese at 11 had become a normal weight, compared to one in ten boys who had become overweight or obese since age 11. For girls, 20% had become a healthy weight, compared to 15% who had gained excess weight.



**KEEP IN TOUCH!**

-  **Freepost RTKC-KLUU-RSBH,  
Child of the New Century,  
20 Bedford Way,  
London WC1H OAL**
-  **0800 092 1250**
-  **childnc@ucl.ac.uk**
-  **www.childnc.net**

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