

CHILD OF THE  
NEW CENTURY 



**YOU'RE THE VOICE**

**OF YOUR**

**GENERATION**

**UPDATE 2020**

# WHY YOUR VOICE MATTERS

## LEARNING FROM YOU

Since you were just nine months old, you've been part of something amazing – a special study charting the lives of around 19,000 people born across the UK at the turn of the century.

We've visited you and your family regularly as you've got older, to find out how things have been changing in your life. As the voice of your generation, we've learned so much from you about things that really matter, from improving education to protecting teenagers' mental health and wellbeing.

Your contribution helps build a detailed picture of the big issues affecting young people today. Government and service providers then use this information to work out ways to improve the lives of people your age and of future generations too. By taking part in the study, you're also helping to protect some of those most at risk in our society.



### THE DIFFERENCE YOU'VE MADE

Child of the New Century has been used in over 1,000 pieces of research on countless different topics, from parenting to bullying, mental health and obesity. Check out our website to find out about some of the study's latest discoveries.

### THANK YOU!

A massive thank you for taking part in our most recent survey about the COVID-19 pandemic, and also our previous big survey at age 17. Keep an eye out for findings from both of these on the study website and social media.

# WHERE NEXT?

## YOUR UNIQUE STORY

Child of the New Century is all about following your whole life story, into adulthood and beyond. So we'll stay in touch and let you know when we have a new survey we'd like your help with.

We'll ask you about different aspects of your life, including education, work and relationships. It's entirely your choice whether or not you take part, but we really hope you will. Everyone's personal contribution is important and makes a big difference. We'll also keep updating your parents about the study and might have some more questions for them to answer too.

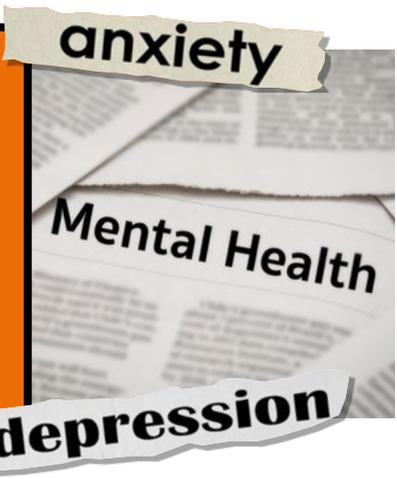
By continuing to follow your story, we'll be able to make new connections between what's previously happened in your life and what happens in the future. So the longer you take part in the study, the more valuable your contribution becomes to science and to society.

You have a unique story to tell. Without you, the picture of your generation is incomplete. You help us hear the diverse voices of people your age.



### SPOTLIGHT ON MENTAL HEALTH

Child of the New Century has highlighted mental ill-health as a big problem for young people. A quarter of girls and one in ten boys of your age were depressed when they were 14. This evidence, widely reported in the media, is helping public health experts to work out how best to invest in and protect young people's mental health and wellbeing. Find out more on our website.



anxiety

Mental Health

depression

## ABOUT THE STUDY

Researchers from all over the world can register to use information from Child of the New Century in their work. We take steps to protect your privacy, and your name, contact details, and any other information that might identify you, are never made available.

The study is run by the Centre for Longitudinal Studies, part of University College London. It's funded by the Economic and Social Research Council as well as government departments.

## KEEP IN TOUCH!

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